

# NMSVH

Mar 1, 2018 thru Mar 31, 2018

## Base Menu Spreadsheet

LUNCH K-12

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/01/2018																
LUNCH K-12	Total	10														
CHICKEN FAJITAS-NMSBVI	1 EACH	5	345	*68	157	*2.68	*2.07	*58.8	*153	*12.03	*8	28.88	22.8	14.98	*2.72	*0.50
BEEF FAJITAS w/ONION/PEPPER	4 OZ	5	198	*83	84	*0.49	*2.30	*42.4	234	*14.54	*1	*30.11	*2.04	6.91	2.44	*0.06
PINTO BEANS, 1/3 cup	.33	10	89	0	10	3.99	1.33	33.6	0	1.62	*1	5.51	16.1	0.32	0.06	*0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			597	*78	432	*11.99	*5.37	*294.4	*4137	*50.65	*11	*44.36	*70.62	15.11	*3.22	*0.28
% of Calories											*7.4%	*29.7%	*47.3%	22.8%	*4.9%	*0.4%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Fri - 03/02/2018																
LUNCH K-12	Total	10														
MEATBALLS	3 OZ.	10	240	50	520	1.00	1.80	40.0	0	1.2	0	14.0	5.0	19.0	8.00	1.00
GRAVY, BROWN, PIONEER .25 cup	.25 CUP	10	14	0	284	0.00	0.00	1.3	0	0.0	*0	0.94	2.83	0.0	0.00	*0.00
PASTA, BU. EGG NOODLES, 1/3 C	1/3 CUP	10	75	19	10	0.35	0.63	1.9	1	0.06	*0	2.71	13.6	1.02	0.34	*0.00
BRUSSEL SPROUTS PARM. .33 CUP	.33 CUP	10	62	4	139	1.91	0.35	98.6	294	28.9	*2	4.45	7.41	1.46	0.70	*0.04
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			767	*76	1493	*12.66	*6.06	*371.9	*4238	*65.91	*8	*36.44	97.79	27.32	9.63	*1.03
% of Calories											*4.3%	*19.0%	51.0%	32.1%	11.3%	*1.2%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/05/2018																
LUNCH K-12	Total	10														
CHICKEN STRIPS	4.23 OZ.	5	190	35	410	0.00	1.08	20.0	0	0.0	0	13.0	13.0	9.0	2.50	*N/A*
STEAKFINGERS	4 Pieces	5	359	56	801	0.64	2.23	10.2	65	0.03	*N/A*	17.31	16.27	26.28	9.80	*N/A*
MASHED POTATOES,IDAHO, 1 /3 CUP	.33 cup	10	28	0	112	0.36	0.13	8.0	37	1.28	*N/A*	0.71	6.05	0.36	0.00	*0.00
GRAVY MIX, COUNTRY,.125 CUP	.125 CUP	10	21	0	138	0.00	0.17	0.5	0	0.0	*N/A*	0.0	2.83	0.94	0.47	*0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEV it A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			700	*49	1395	*10.07	*5.25	*253.7	*4013	*37.04	*6	*30.19	92.48	24.78	7.21	*0.00
% of Calories											*3.5%	*17.3%	52.9%	31.9%	9.3%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Tue - 03/06/2018																
LUNCH K-12	Total	10														
TUNA SALAD SANDWICH	SERVINGS	5	349	32	819	4.56	2.19	21.4	152	1.29	*3	24.36	35.4	14.15	1.28	*0.04
CHICKEN, FIESTA SANDWICH	SERVING	5	419	41	1784	7.12	*2.04	*71.0	1137	*12.21	*1	21.43	37.16	21.19	3.81	*0.00
FRIES, WAFFLE FRIES	3 OZ.	10	140	0	80	3.00	0.72	0.0	0	3.6	0	2.0	22.0	5.0	1.00	0.00
COLESLAW - BASIC, .25 CUP	.25 CUP	10	40	2	55	0.97	0.17	14.8	1073	11.99	*2	0.46	3.85	2.77	0.47	*0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEV it A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			685	*42	1550	*11.83	*3.44	*228.8	*2445	*41.15	*8	*30.34	86.27	25.94	4.10	*0.02
% of Calories											*4.9%	*17.7%	50.4%	34.1%	5.4%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/07/2018																
LUNCH K-12	Total	10														
CHICKEN, RANCH BAKED	SERVINGS	5	347	35	2741	2.79	*1.42	*15.1	89	*2.14	*0	17.63	*20.41	21.68	2.88	*0.00
TURKEY ROAST-2 OZ	2 OZ.	5	109	47	304	0.00	0.56	0.0	0	0.0	*N/A*	17.94	0.78	3.9	1.17	0.00
MASHED POTATOES,IDAHO, 1 /3 CUP	.33 cup	10	28	0	112	0.36	0.13	8.0	37	1.28	*N/A*	0.71	6.05	0.36	0.00	*0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
CAL VEGETABLE BLEND, 1/3 Cup	1/3 CUP	10	53	*N/A*	44	3.52	0.63	35.2	5276	52.76	*N/A*	3.52	8.79	*N/A*	*N/A*	*N/A*
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEvit A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			570	*43	2030	*10.28	*3.63	*238.4	*6085	*73.92	*5	*31.97	*76.44	*15.64	*2.12	*0.00
% of Calories											*3.2%	*22.4%	*53.7%	*24.7%	*3.3%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/08/2018																
LUNCH K-12	Total	10														
CLUB SAND,WHEAT, 3oz M/MA	SANDWIC	5	320	33	1096	*4.36	*1.92	155.2	666	3.49	*1	25.07	33.26	11.04	3.20	0.00
ROAST BEEF WRAP ON FLOU R TORT	WRAPS	5	281	52	494	2.52	*1.37	206.1	1411	3.55	*1	19.84	15.26	16.5	6.84	0.50
TATER TOTS,ROUNDS: 1/2 CU P/8ea	1/2 CUP	10	122	0	251	1.52	0.55	0.0	8	2.74	*N/A*	1.52	15.24	6.1	1.52	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEvit A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			659	*45	1347	*11.37	*4.05	*390.9	*4989	*42.01	*7	*33.34	81.60	23.71	7.13	*0.25
% of Calories											*4.2%	*20.2%	49.5%	32.4%	9.7%	*0.3%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/09/2018																
LUNCH K-12	Total	10														
NACHOS, SUPER	SERVINGS	5	452	35	1444	3.67	*2.36	176.7	658	*7.46	*2	15.97	41.55	23.99	5.03	*0.03
REFRIED BEANS, .25 CUP	.25 CUP	5	65	0	180	3.00	0.90	20.0	0	0.0	*N/A*	3.0	12.0	1.0	0.25	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			495	*21	1113	*9.75	*3.48	*308.6	*4272	*39.48	*7	*18.84	68.88	16.34	3.23	*0.01
% of Calories											*5.7%	*15.2%	55.7%	29.7%	5.9%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Mon - 03/12/2018																
LUNCH K-12	Total	10														
BEAR BURGER, 80/10, 2 OZ	1 EACH	5	306	64	226	*0.00	2.98	27.6	0	0.0	*N/A*	22.75	25.0	13.1	4.36	*N/A*
HOT DOG ON A BUN:turkey hot	SERVING	5	258	61	979	*0.00	2.48	80.1	0	0.0	*N/A*	13.1	25.84	12.04	3.34	*N/A*
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	5	5	0	1	0.36	0.10	3.5	466	3.49	1	0.25	1.06	0.06	0.01	0.00
TATER TOTS,ROUNDS: 1 CUP-16 ea	1 CUP	10	244	0	503	3.05	1.10	0.0	15	5.49	*N/A*	3.05	30.48	12.19	3.05	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			765	*65	1407	*9.64	*5.73	*265.8	*4191	*42.98	*6	*30.45	98.53	28.64	7.49	*0.00
% of Calories											*3.4%	*15.9%	51.5%	33.7%	8.8%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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Tue - 03/13/2018																
LUNCH K-12	Total	10														
OVEN FRIED CHICKEN	SERVINGS	5	642	197	206	0.34	3.65	90.8	549	0.32	*2	57.49	9.68	37.25	9.63	*0.00
CHICKEN, PINEAPPLE BARBE CUE	SERVING	5	326	35	813	2.01	2.18	20.3	202	11.54	*0	18.01	42.34	9.69	1.23	*0.00
MASHED POTATOES,IDAHO, 1 /3 CUP	.33 cup	10	28	0	112	0.36	0.13	8.0	37	1.28	*N/A*	0.71	6.05	0.36	0.00	*0.00
GRAVY MIX, COUNTRY,.125 CUP	.125 CUP	10	21	0	138	0.00	0.17	0.5	0	0.0	*N/A*	0.0	2.83	0.94	0.47	*0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIt A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			655	*118	872	*3.56	*3.66	*231.9	*1140	*26.03	*6	*43.44	59.04	25.27	5.99	*0.00
% of Calories											*3.6%	*26.5%	36.0%	34.7%	8.2%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Wed - 03/14/2018																
LUNCH K-12	Total	10														
MACARONI AND CHEESE	2/3 CUP	1	321	33	961	0.80	0.86	615.3	1665	0.93	*9	22.95	30.52	12.2	6.89	*0.00
SPAGHETTI & MEAT BALLS Lo Sodi	1 CUP	5	505	52	1073	*1.51	3.38	124.0	761	12.69	*1	19.96	49.42	24.77	8.78	1.16
PEAS & CARROTS, 1/3 Cup	1/3 CUP	10	58	0	92	3.47	0.42	23.1	2888	6.93	*N/A*	3.47	10.4	0.0	0.00	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
GARLIC BREAD	SERVINGS	10	156	7	236	2.61	1.49	269.7	31	0.47	*1	5.33	13.05	9.27	2.32	*0.01
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIt A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			735	*40	1262	*13.32	*5.53	*626.6	*7409	*49.59	*9	*30.43	93.31	26.72	7.99	*0.59
% of Calories											*5.0%	*16.6%	50.8%	32.7%	9.8%	*0.7%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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**NMSVH**

**Mar 1, 2018 thru Mar 31, 2018**

Base Menu Spreadsheet

LUNCH K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/15/2018																
LUNCH K-12	Total	10														
PANINI, HAM AND CHEESE	1 SERVING	5	302	*25	651	*0.54	*11.00	*154.5	*575	*8.11	*0	12.65	31.35	14.42	4.31	*0.00
PANINI, TURKEY AND CHEESE	1 SERVING	5	346	*42	1005	*0.54	*11.28	*154.5	*575	*8.11	*0	20.56	33.51	13.59	3.89	*0.00
FRENCH FRIES: oven 1/2 C	1/2 CUP	10	50	0	67	0.80	0.31	2.0	0	2.53	*N/A*	0.79	7.8	1.89	0.32	*N/A*
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			611	*37	1196	*7.75	*13.30	*366.8	*4518	*46.39	*6	*26.75	82.33	19.75	5.00	*0.00
% of Calories											*4.2%	*17.5%	53.9%	29.1%	7.4%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Fri - 03/16/2018																
LUNCH K-12	Total	10														
CHICKEN ALFREDO -3 OZ	SERVING	5	278	93	362	0.13	0.86	179.3	727	12.13	*0	18.19	3.07	16.88	10.80	*0.00
ASPARAGUS SPEARS, ROASTED	4 spears	5	83	0	16	1.68	1.74	29.0	573	4.4	*1	2.32	4.11	6.91	1.00	*0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
BREADSTICKS, PARBAKED	1 STICK	10	120	0	220	1.00	*N/A*	20.0	0	0.0	1	5.0	25.0	0.5	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			537	*50	710	*8.32	*3.15	*334.4	*4593	*44.01	*8	*24.61	70.69	16.24	6.49	*0.00
% of Calories											*5.9%	*18.3%	52.7%	27.2%	10.9%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/19/2018																
LUNCH K-12	Total	10														
FISH NUGGETS	4 Pcs.	5	260	40	910	1.00	1.80	20.0	*N/A*	2.4	*N/A*	16.0	21.0	13.0	2.00	*N/A*
CHICKEN CHUNKS, WG, 5 PIECE	SERVING-3 OZ.	5	200	35	520	*N/A*	0.72	20.0	100	1.2	0	14.0	14.0	10.0	2.00	0.00
FRIES, WAFFLE FRIES, SWEE T POT	3 OZ.	10	140	0	80	3.00	0.72	0.0	0	3.6	0	2.0	22.0	5.0	1.00	0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			491	*40	908	*5.53	*2.42	*187.8	*778	*24.22	*5	*21.98	63.64	17.00	3.09	*0.00
% of Calories											*3.8%	*17.9%	51.8%	31.1%	5.7%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Tue - 03/20/2018																
LUNCH K-12	Total	10														
Chimichanga, BeefChiliCheese, Chile Rellano	1 EACH	5	461	55	747	2.52	3.06	310.1	1695	8.35	*1	19.34	42.26	23.58	10.51	0.00
	1 Each	5	310	15	270	1.00	1.80	150.0	300	48.0	*N/A*	7.0	20.0	23.0	5.00	*N/A*
PINTO BEANS, 1/3 cup	.33	10	89	0	10	3.99	1.33	33.6	0	1.62	*1	5.51	16.1	0.32	0.06	*0.00
CHEESE SAUCE	SERV/ 2 O	10	50	5	323	0.00	0.00	61.3	101	*0.0	*N/A*	2.01	5.03	2.55	1.51	*0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			646	*43	955	*7.77	*4.21	*492.7	*1826	*48.61	*6	*25.68	76.40	26.66	9.42	*0.00
% of Calories											*3.4%	*15.9%	47.3%	37.1%	13.1%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/21/2018																
LUNCH K-12	Total	10														
CHICKEN, BBQ (RAW, BONELESS)	PORTION	5	196	65	375	0.29	1.25	25.8	94	0.2	*11	25.27	13.31	4.21	1.52	*0.00
CHICKEN, SOUR CREAM AND ONION	SERVING	5	545	72	989	*3.97	2.95	104.9	534	*4.87	*1	29.92	51.25	24.96	6.05	*0.00
POTATOES, AU GRATIN CLASSIC	.5 CUP	10	120	0	640	2.00	0.36	40.0	0	9.0	2	2.0	25.0	1.5	0.50	0.00
BROCCOLI: Seasoned	1/3 CUP	10	17	0	7	1.84	0.37	20.2	619	24.57	1	1.9	3.28	0.07	0.01	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			884	*72	1868	*15.37	*6.12	*355.7	*4876	*71.85	*15	*45.82	129.52	21.99	4.88	*0.00
% of Calories											*6.8%	*20.7%	58.6%	22.4%	5.0%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Thu - 03/22/2018																
LUNCH K-12	Total	10														
ROAST BEEF, HOT, 2-oz M/MA	2-OZ SERVING	5	105	45	23	0.00	1.64	2.0	0	0.0	0	17.88	0.0	3.17	1.13	*0.00
PORK- Sliced, 2-OZ	2 oz	5	184	57	45	0.06	0.80	18.5	12	0.62	*0	17.91	0.09	11.83	4.02	*0.00
MASHED POTATOES, IDAHO, 1/3 CUP	.33 cup	5	28	0	112	0.36	0.13	8.0	37	1.28	*N/A*	0.71	6.05	0.36	0.00	*0.00
GRAVY, BROWN, PIONEER	.125 CUP	5	7	0	142	0.00	0.00	0.6	0	0.0	*0	0.47	1.41	0.0	0.00	*0.00
SQUASH, SUMMER	1/3 Cup	10	12	0	1	0.83	0.21	16.0	126	3.27	2	0.54	2.56	0.18	0.04	0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

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Weighted Daily Average % of Calories			434	*54	513	*6.05	*3.38	*218.3	*878	*23.03	*6 *5.7%	*28.98 *26.7%	57.34 52.8%	10.35 21.4%	2.70 5.6%	*0.00 *0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Fri - 03/23/2018																
LUNCH K-12	Total	10														
CHICKEN STRIPS	4.23 OZ.	5	190	35	410	0.00	1.08	20.0	0	0.0	0	13.0	13.0	9.0	2.50	*N/A*
GRAVY MIX, COUNTRY, .125 CUP	.125 CUP	10	21	0	138	0.00	0.17	0.5	0	0.0	*N/A*	0.0	2.83	0.94	0.47	*0.00
TATER TOTS, ROUNDS: 1/2 CU P/8ea	1/2 CUP	10	122	0	251	1.52	0.55	0.0	8	2.74	*N/A*	1.52	15.24	6.1	1.52	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
GARLIC BREAD	SERVINGS	10	156	7	236	2.61	1.49	269.7	31	0.47	*1	5.33	13.05	9.27	2.32	*0.01
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			631	*28	1131	*10.54	*4.60	*490.5	*3981	*38.96	*8 *4.8%	*22.71 *14.4%	79.72 50.6%	24.66 35.2%	6.16 8.8%	*0.01 *0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Mon - 03/26/2018																
LUNCH K-12	Total	10														
PIZZA, VARIETY	1 SLICE	10	454	42	1145	2.94	*0.99	*19.2	*487	*25.29	*0	23.18	60.39	13.37	6.37	0.00
JICAMA, SLICES, .25 CUP	.25 CUP	10	11	0	1	1.00	0.18	0.0	0	6.0	*N/A*	0.25	2.75	0.0	0.00	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE VIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			701	*45	1447	*10.35	*3.02	*229.5	*4430	*67.03	*6 *3.5%	*32.79 *18.7%	105.24 60.0%	17.22 22.1%	6.96 8.9%	*0.00 *0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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Tue - 03/27/2018																
LUNCH K-12	Total	10														
CHICKEN AND RICE CASSEROLE	SERVING	5	458	46	1240	3.19	2.02	89.7	205	0.87	*1	25.92	59.48	12.68	2.23	*0.00
OVEN FRIED CHICKEN	SERVINGS	5	642	197	206	0.34	3.65	90.8	549	0.32	*2	57.49	9.68	37.25	9.63	*0.00
RICE,BROWN,UNCLE BEN'S, 1/3 C	1/3 CUP	10	74	0	2	*0.00	0.64	1.1	0	0.0	*N/A*	1.75	16.18	0.0	0.00	*0.00
CARROTS, GLAZED 1/4 CUP	.25 CUP	10	44	0	163	1.19	0.15	14.4	6743	1.68	*4	0.3	5.95	2.27	0.41	*0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			929	*124	1239	*7.97	*5.50	*293.4	*7848	*21.08	*10	*53.71	107.72	29.73	6.43	*0.00
% of Calories											*4.4%	*23.1%	46.4%	28.8%	6.2%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Wed - 03/28/2018																
LUNCH K-12	Total	10														
CHICKEN FAJITAS w/.5 Veg, 2 M	serving	5	51	1	15	2.73	0.46	24.0	1344	*85.18	*6	1.75	11.1	0.32	0.08	0.00
BEEF FAJITAS w/ONION/PEPPER	4 OZ	5	198	*83	84	*0.49	*2.30	*42.4	234	*14.54	*1	*30.11	*2.04	6.91	2.44	*0.06
PINTO BEANS, 1/3 cup	.33	10	89	0	10	3.99	1.33	33.6	0	1.62	*1	5.51	16.1	0.32	0.06	*0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
SOUR CREAM, GRADE A, 18%, PAST/	PACKET- 1 OZ	10	60	20	50	0.00	0.00	40.0	200	0.0	*N/A*	1.0	2.0	5.0	3.00	0.00
Guacamole, Southwestern,.25cup	.25 cup	10	24	0	57	0.47	0.00	0.0	0	1.13	*N/A*	0.47	1.42	2.13	0.24	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			534	*65	467	*12.48	*4.56	*317.0	*4932	*88.36	*10	*32.26	*68.19	14.91	5.14	*0.03
% of Calories											*7.5%	*24.2%	*51.4%	25.1%	8.7%	*0.1%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/29/2018																
LUNCH K-12	Total	10														
CHICKEN SALAD ON LETTUCE LEAF	1/2 CUP	5	154	58	229	0.50	0.94	10.6	165	0.98	*4	18.05	5.51	7.51	1.17	*0.02
CHICKEN FLATBREAD SANDWICH	SANDWICHES	5	592	*31	846	2.06	2.18	66.3	101	1.25	*2	19.03	30.54	43.87	*4.11	*0.03
CHIPS, BBQ, BAKED, LAY'S, 1-1/2 CUP	BAG	10	140	0	240	2.00	0.00	20.0	0	2.4	*N/A*	2.0	24.0	3.5	0.50	0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
PICKLE SPEARS, KOSHER DILL	SPEAR	1	0	0	220	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			634	*47	912	*5.31	*2.00	*226.3	*860	*22.33	*7	*25.52	66.27	29.69	*3.23	*0.03
% of Calories											*4.6%	*16.1%	41.8%	42.1%	*4.6%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Fri - 03/30/2018																
LUNCH K-12	Total	10														
SALISBURY STEAK	2.7oz.	10	179	94	268	0.99	1.43	19.9	99	1.19	1	12.92	3.98	12.92	4.97	0.00
PASTA, BU. EGG NOODLES, 1/3 C	1/3 CUP	10	75	19	10	0.35	0.63	1.9	1	0.06	*0	2.71	13.6	1.02	0.34	*0.00
PEAS, SEASONED 1/3 CUP	1/3 CUP	10	116	0	109	8.23	2.37	35.6	3143	14.79	*N/A*	7.71	21.35	0.42	0.07	0.00
GRAVY MIX, COUNTRY, .125 CUP	.125 CUP	1	21	0	138	0.00	0.17	0.5	0	0.0	*N/A*	0.0	2.83	0.94	0.47	*0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			632	*116	753	*14.59	*6.31	*245.1	*3971	*34.86	*6	*33.30	90.21	16.94	5.52	*0.00
% of Calories											*3.6%	*21.1%	57.1%	24.1%	7.9%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Weighted Average			650	*59	1136	*9.84	*4.76	*316.7	*3928	*45.43	*8	*32.00	*82.83	*21.57	*5.60	*0.10
											*10.5%	*19.7%	*51.0%	*29.9%	*7.8%	*0.1%

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Portion Size    Reimb Qty    Cals (kcal)    Cholst (mg)    Sodm (mg)    Fiber (g)    Iron (mg)    Calcm (mg)    Vit-A (IU)    Vit-C (mg)    Sugars (g)    Protn (g)    Carb (g)    T-Fat (g)    S-Fat (g)    Tr-Fat<sup>1</sup> (g)

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	650		739	88%		89		Correction Required - Calories are Low
Cholesterol (mg)	59				Missing			
Sodium 1 (mg)	1136						1136	Correction Required - Calcium is Low
Sodium 2 (mg)	1136						1136	
Fiber (g)	9.84				Missing			
Iron (mg)	4.76		3.95	121%	Missing			
Calcium (mg)	316.7		338.62	94%	Missing	21.87		
Vitamin A (IU)	3928		1295	303%	Missing			
Sugars (g)	8	4.66%			Missing			
Vitamin C (mg)	45.43		16.68	272%	Missing			
Protein (g)	32.00	19.70%	12.74	251%	Missing			
Carbohydrate (g)	82.83	51.00%			Missing			
Total Fat (g)	21.57	29.89%	<=30.00%		Missing			
Saturated Fat (g)	5.60	7.75%	<10.00%		Missing			
Trans Fat <sup>1</sup> (g)	0.10	0.14%			Missing			

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